We Will Win

We Will Lead

We Will Teach

Principles That Guide Us

We Will Serve

Our Mission

From its founding in 1891, Stanford University's leaders have believed that physical activity is valuable for its own sake and that vigorous exercise is complementary to the educational purposes of the university. Within this context for human development, it is the mission of Stanford Athletics to offer a wide range of high quality programs which will encourage and facilitate all participants to realize opportunities for championship athletic participation, physical fitness, health and well being.

Courses

Courses offered for intercollegiate and club sport athletes are listed under the subject code ATHLETIC (https://explorecourses.stanford.edu/search?view=catalog&academicYear=&page=0&q=ATHLETIC&filter-departmentcode=ATHLETIC=on&filter-coursestatus-Active=on) on the Stanford Bulletin's ExploreCourses (https://explorecourses.stanford.edu/browse) web site. Courses are activity classes (ACT) and carry 1-2 units of credit for satisfactory completion of work. Although there is no limitation on the number of activity classes in which a student may enroll, no more than 8 units of these activity classes (and/or other University activity classes) may be applied toward undergraduate graduation requirements. See the "Credit (http://exploredegrees.stanford.edu/undergraduatedegreesandprograms/#credittext)" tab of the "Undergraduate Degrees (http://exploredegrees.stanford.edu/undergraduatedegreesandprograms)" section of this bulletin for complete information. Course fees, as applicable, are posted to the student's University account.

Men's Intercollegiate Teams

Below are links to the website of each Men's Team with information about rosters, coaches, schedules, statistics, news, history, tickets, promotions, and additional information.


Contacts

Office: Arrillaga Family Sports Center
Mail Code: 94305-6150
Phone: (650) 723-4591
Web Site: http://gostanford.com

By operating with integrity as we follow the spirit and the letter of every rule. Integrity will be displayed in our policies, performances and programs.

By continuing our long history of conference and national prominence through a commitment to cutting edge involvement in athletic issues.

Courses

Courses offered for intercollegiate and club sport athletes are listed under the subject code ATHLETIC (https://explorecourses.stanford.edu/search?view=catalog&academicYear=&page=0&q=ATHLETIC&filter-departmentcode=ATHLETIC=on&filter-coursestatus-Active=on) on the Stanford Bulletin's ExploreCourses (https://explorecourses.stanford.edu/browse) web site. Courses are activity classes (ACT) and carry 1-2 units of credit for satisfactory completion of work. Although there is no limitation on the number of activity classes in which a student may enroll, no more than 8 units of these activity classes (and/or other University activity classes) may be applied toward undergraduate graduation requirements. See the "Credit (http://exploredegrees.stanford.edu/undergraduatedegreesandprograms/#credittext)" tab of the "Undergraduate Degrees (http://exploredegrees.stanford.edu/undergraduatedegreesandprograms)" section of this bulletin for complete information. Course fees, as applicable, are posted to the student's University account.

Men's Intercollegiate Teams

Below are links to the website of each Men's Team with information about rosters, coaches, schedules, statistics, news, history, tickets, promotions, and additional information.

• Swimming and Diving (http://www.gostanford.com/index.aspx?path=mswim)
• Tennis (http://www.gostanford.com/index.aspx?path=mten)
• Track and Field (http://www.gostanford.com/index.aspx?path=track)
• Volleyball (http://www.gostanford.com/index.aspx?path=mvball)
• Water Polo (http://www.gostanford.com/index.aspx?path=mwpolo)

Women's Intercollegiate Teams
Below are links to the website of each Women's Team with information about rosters, coaches, schedules, statistics, news, history, tickets, promotions, and additional information.

• Basketball (http://www.gostanford.com/index.aspx?path=wbball)
• Beach Volleyball (http://www.gostanford.com/index.aspx?path=bvball)
• Fencing (http://www.gostanford.com/index.aspx?path=fenc)
• Field Hockey (http://www.gostanford.com/index.aspx?path=fhockey)
• Golf (http://www.gostanford.com/index.aspx?path=wgolf)
• Rowing (http://www.gostanford.com/index.aspx?path=wrow)
• Lightweight Rowing (http://www.gostanford.com/index.aspx?path=row_lit)
• Sailing (http://www.gostanford.com/index.aspx?path=sail)
• Soccer (http://www.gostanford.com/index.aspx?path=wsoc)
• Softball (http://www.gostanford.com/index.aspx?path=softball)
• Squash (http://www.gostanford.com/index.aspx?path=wsquash)
• Swimming and Diving (http://www.gostanford.com/index.aspx?path=wswim)
• Synchronized Swimming (http://www.gostanford.com/index.aspx?path=syncswim)
• Tennis (http://www.gostanford.com/index.aspx?path=wten)
• Track and Field (http://www.gostanford.com/index.aspx?path=track)
• Volleyball (http://www.gostanford.com/index.aspx?path=wvball)
• Water Polo (http://www.gostanford.com/index.aspx?path=wwpolo)

Academic Services
Undergraduate Advising and Research (UAR) (https://undergrad.stanford.edu) provides academic advising, programming, and support for students as they shape their Stanford education. In guiding students to engage with faculty and in supporting students' personal and intellectual development, UAR encourages students to explore the full breadth and depth of their intellectual opportunities, to find their intellectual homes, and to discover a sense of belonging at Stanford. Academic advisers for student-athletes are housed in the Athletic Academic Resource Center (AARC) and are the primary undergraduate advising contact for varsity student-athletes. AARC advisers are full-time, professional staff within Undergraduate Advising and Research who partner closely with colleagues across campus to provide a comprehensive network of support that promotes a student's academic success and furthers his or her intellectual goals.

Sports Performance
Stanford's Sports Medicine Program is dedicated to providing the best possible medical care for the student athlete's injuries and illnesses. The program is unique in its team approach to health care, as the Team Physicians (http://ortho.stanford.edu/Jacob/Physicians.html), Athletic Trainers (http://www.stanfordsportsmedicine.com/?page_id=53), Physical Therapists (http://www.stanfordsportsmedicine.com/physical-therapy), and Sports Scientists (http://ortho.stanford.edu/humanperformance/personnel.html) all collaborate on the care provided to each athlete. The team physicians provide diagnosis, treatment, arrange for consultations, order lab tests, x-rays and MRIs, and make decisions on the participation status. Athletic trainers work under the supervision of our team physicians to provide prevention, evaluation, and treatment of athletic injuries. Physical therapists design specific programs for rehabilitation and communicate directly with the athletic trainer, physician, and sports performance coaches. Sport Scientists work with coaches and athletes to test and analyze athletes using state-of-the-art motion capture, biomechanics and physiology equipment.

Sports Psychology Services
The mission of Stanford Athletics Sport Psychology Services is to provide psychological services to Stanford University student-athletes that foster mental health and well-being, promote excellence in educational and athletic goals, and contribute to a safe, welcoming, and multiculturally aware athletic department and campus community.

Stanford Athletics has had an ongoing and collaborative relationship with the Department of Psychiatry and Behavioral Sciences to provide integrated behavioral health services to Stanford student-athletes, including a full-service sport psychology program.

• Dr. Kelli Moran-Miller (http://www.gostanford.com/staff.aspx?staff=208), Director of Sport Psychology for Stanford Athletics, is a licensed psychologist, a certified consultant with the Association of Applied Sport Psychology, and a member of the USOC registry. She uses a strengths-based, solution-focused, and student-centered approach to assist student-athletes in the achievement of personal, educational, and sport goals. Her office is in the Sports Medicine Center.

• Dr. Lisa Post, Director of Sports Medicine in Psychiatry, is a licensed psychologist who specializes in working with collegiate and professional athletes and coordinates referrals and care within the Department of Psychiatry and Behavioral Sciences. Her office is on campus at 401 Quarry.

Services
Sport Psychology Services offers confidential personal counseling, performance psychology consulting, psychological rehabilitation from injury, career counseling, medication evaluation and management, and specialized care referrals. Team-centered workshops for varsity teams, crisis intervention, and consultation with coaches and athletic department staff also are available.

Individual sessions provide a unique opportunity to explore issues that may be preventing you from reaching your potential athletically, academically, or personally.
Team-centered workshops are designed to address the unique goals of the participating team and to provide memorable active learning experiences to build team unity, reinforce team mission and vision, clarify team goals, roles, and responsibilities or teach mental skills.

Athletic Director: Bernard Muir

Deputy Athletics Director: Patrick Dunkley

Deputy Athletics Director: Ray Purpur

Senior Associate Athletic Director - CFO: Brian Talbott

Senior Associate Athletic Director - Development: Heather Owen

Senior Associate Athletic Director - Intercollegiate Sports: Earl Koberlein

Senior Associate Athletic Director - Senior Woman Administrator: Beth Goode

Senior Associate Athletic Director - Facilities, Operations, and Events: Jamie Breslin

Senior Associate Athletic Director - Recreation and Wellness: Eric Stein

Associate Athletics Director - Compliance Services: Lorne Robertson

Associate Athletics Director - External Relations: Tommy Gray