UAR (UAR)

Courses

UAR 10. Intellectual Journeys. 1 Unit.
Stanford speakers share their research as well as their intellectual and life paths, including how they chose their undergraduate major, how they found mentors, and what their field offers undergraduates.

UAR 42A. LSP First Year Seminar. 1 Unit.
For freshmen who participated in the Leland Scholars Program. This seminar supports LSP students in the first year in the areas of institutional engagement, academic empowerment, their sense of belonging to Stanford, and builds their cohort identity.

UAR 42B. LSP First Year Seminar B. 1 Unit.
For freshmen who participated in the Leland Scholars Program. This seminar supports LSP students in the first year in the areas of institutional engagement, academic empowerment, their sense of belonging to Stanford, and builds their cohort identity.

UAR 46. Challenges Facing First-Gen Students In Their Transition To College. 2 Units.
This course will focus on the multiple perspectives relating to why women and first generation students experience challenges to successfully navigating paths in Science, Technology, Engineering, and Mathematics (STEM) professions and majors. Students will explore how such constructs as power, privilege, and identity play a role in their academic and future careers. Connections to theoretical works of stereotype threat, cultural capital, and belonging will also be emphasized. Throughout the course, students will learn and enhance foundational skills aimed at supporting their trajectory in STEM majors and ultimately, STEM careers.

UAR 56. Building a Successful Academic Career. 1 Unit.
For freshmen in expanded advising programs. Techniques for honing academic skills for college, and applying those skills to better define intellectual identity in academic pursuits. May be repeated for credit.

UAR 60. Engaging, Exploring, and Reflecting on Alumni Career Worlds. 1 Unit.
This course helps students access and navigate the professional world with tools such as e-Portfolios, Strengths Quest, and alumni shadow visits. Assignments and discussions will encourage deep reflection on the values, philosophies, and backgrounds that can help shape each student's long term goals.